



INSTRUCTIONS FOR USE

This leaflet is intended to inform users of the Polymacon clear and visibility tinted family of hydrophilic soft contact lenses how to wear and care for their lenses.

It applies to:

PRODUCT NAME	MATERIAL	WATER CONTENT	PACKAGING SOLUTION
SofLens® 38 (polymacon) Visibility Tinted Contact Lenses	Polymacon	38.6% by weight	Phosphate buffered saline
SofLens® Multi-Focal (polymacon) Visibility Tinted Contact Lenses			
Optima® FW (polymacon) Visibility Tinted Contact Lenses	Polymacon	38.6% by weight	Phosphate buffered saline in blister Sterile saline in vial
Optima® 38 (polymacon) Visibility Tinted Contact Lenses	Polymacon	38.6% by weight	Sterile saline
SofLens® Series (polymacon) Contact Lenses – B3, H3, H4, H03 and H04			

Description and wear application

The Optima® FW, SofLens® Series and SofLens® Multi-Focal lenses are designed for daily wear with a replacement period as prescribed by the eye care professional.

The SofLens® 38 and Optima® FW lenses are designed for daily wear or extended wear for 1-7 days between removal, as recommended by the eye care professional.

When reusing lenses they must be cleaned, rinsed and disinfected between removal and reinsertion. Always follow your eye care practitioner's recommended wear schedule and replacement periods.



These lenses are supplied sterile and are intended by the manufacturer for reuse as prescribed by the eye care professional. They have been sterilized by steam.

If the packaging is damaged or opened DO NOT USE.

Insertion and removal instructions

Before handling lenses, always wash and dry hands thoroughly avoiding perfumed or medicated soaps. Pour the lens into the palm of your hand. Make sure the lens is the right way out.



Inspect your lens before inserting and do not insert if scratched or damaged.

To remove your lens, make sure your hands are clean and dry, use your finger to slide the lens down to the white part of the eye and remove it. Use a rewetting drop if the lens is difficult to remove.

Caring for your lenses

- Cleaning and disinfecting your lenses between uses is essential for healthy eyes
- Use only soft contact lens care products following the manufacturer's instructions
- Always use fresh, unexpired lens care solutions
- Do not use other solutions such as tap or bottled water or saliva to rinse, store or re-wet lenses
- Always keep lenses completely immersed in the recommended solution when not being worn
- Remember to clean your lens case whenever you clean your lenses
- Always discard lenses at the end of the wear schedule prescribed by your eye care practitioner
- Always wash and rinse hands before handling lenses
- Do not allow cosmetics, lotions, soaps, creams or perfumed substances to get in the eyes or on lenses
- Never use sharp objects or finger nails to remove lenses from their containers or your eyes

Warnings and precautions

Failure to follow your eye care practitioner's recommended wear schedule and cleaning regimen can give rise to greater risk of serious eye infections.

If prescribed for daily wear do not wear while sleeping.

Do not wear contact lenses if you are suffering from:

- Allergy, inflammation, infection or redness in or around the eye
- Dry eyes (inadequate tear fluid)
- Poor health affecting the eyes, e.g. colds and flu
- Any systemic illness affecting the eyes

Contact your eye care practitioner before wearing contact lenses when:

- Practicing water sports
- In excessively dry or dusty environments
- Using eye medication

If you experience any of the following problems, remove your lenses **immediately**:

- Eyes stinging, burning, itching, irritation or other eye pain
- Reduced comfort compared with previous wearing
- Unusual secretions or excessive watering from the eye
- Redness of eyes
- Severe or persistent dry eyes
- Reduced or blurred vision
- Rainbows or halos around lights
- Sensitivity to light

If any of these symptoms continue after removal, cleaning and reinsertion of the lens or insertion of a new lens, then remove the lens and **contact your eye care practitioner**. These symptoms can lead to more serious conditions if ignored.

Reference guide for symbols labels and cartons



Fee paid for waste management per 94/62/EC



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Lower limit of temperature

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